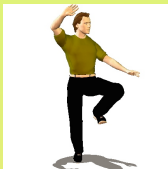




Monster Martial Arts The Monster Journal!

Issue 4
March 15,
2011

Shaolin Butterfly: Combat Strategies!



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for Jesus and the
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Monster Journal #3

Shaolin Butterfly: Combat Strategies!



The first animal is the butterfly, and the stance utilized by this animal is the back stance. This stance is used because the butterfly must flit and flee to avoid damage, and the back stance is a step backward. Thus, the direction of the Butterfly is to the rear.



Have you ever tried to catch a butterfly?

Here is the lie: Kung fu is a physical art based on mythology, and it has no modern combat applications. The point is that Kung Fu is based upon five animals, and that these animals do not relate to combat. This idea, that the animals don't relate to combat, is, as we shall see, is so ridiculous it is...ridiculous!



The second animal is the Crane, and the stance used by this animal is a one legged stance. This stance requires that a person achieve balance, use kicks, all while standing on one leg. Thus, the direction of the crane is upwards.



Perfect Balance!

In the Shaolin Butterfly the five kung fu animals are not the classical. The five animals are the butterfly, the crane, the monkey, the tiger, and the dragon. Using these five animals we will illuminate the unique battle strategies of Shaolin.

Got a Matrixing win you'd like to share?

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The third animal is the monkey, and the stance used by this animal is the horse stance. This stance requires that a person drive their weight downward and hold their position. Thus, the direction of the horse is straight down.



Strength and Agility!

The fifth animal is the dragon, and the stance used by this animal is a twisted stance, the body turned over the feet. This stance is good for catching oneself in awkward positions, spinning to catch an opponent unawares, and so on. Thus, the direction of the Dragon is in a spin or a circle.



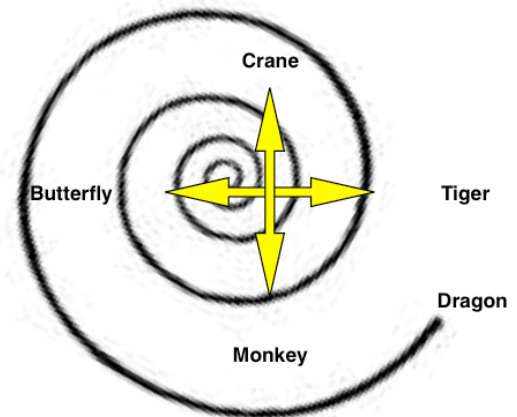
Absolutely Clever!

The fourth animal is the tiger, and the stance used by this animal is the front stance. This is an aggressive stance, designed for charging an opponent. Thus, the direction of the tiger is forward.



Able to Face Anything Down!

If you examine the five animals and the direction they take, you will find the points of the compass, and a strategy to match any any incoming force and direction. The Butterfly goes back and the tiger goes forward, the crane goes up and the Monkey goes down, and the dragon circles, which illuminates the potential for side to side motion. These five animals, and their directions, create a strategy with no weak points, and this is one of the secrets of the Shaolin Butterfly.



Got my address?

aganzul@gmail.com

Monster Journal #3

THE STATE OF THE MONSTER!

Fantastic!

I'm doing the journal less than I wanted because of changes on the internet.

But...I have an absolutely incredible and fantastic course about to come out. This is the one that knocks the world over.

And...got any pics of yourself doing martial arts in an interesting setting? Pics that end up in the mag win The Master Books.

So...click and give...and get some fun and fantastic info!

Al

LETTERS

Got a question? A comment? A win?

How about a photo?

Here's an old one of me working out in the LA zoo.

So what do you have?

YOGATA (The Yoga Kata)

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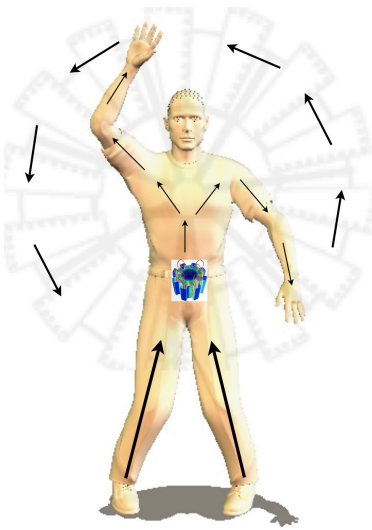
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 **Yogata**



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MATRIXING: How to Download Martial Arts Directly into Your Brain!



Zow powie and Kazam! The data streams directly into your brain, and you are suddenly as powerful as superman! And you, silly person, thought it only happened in the movies!

Of course, since we don't have the mainframe on line, and are not currently, cross your fingers, trapped in a matrix, we have to use other methods to accomplish the download. Let's see, how about a magic potion, or maybe if you put the end of that firewire under your tongue. That didn't seem to work, so let's try this thing called Matrixing!

I know you've heard about Matrixing, and that it does allow people to download whole martial arts into their cranium, but what is the secret behind it? I mean, as I said, we don't have the mainframe on line, so what's the secret? How does this stuff work so fast?

The trick is easy, it is called logic. You simply have to take a martial art and put logical order into the thing. Of course, since the martial arts look pretty much like a Chinese fire drill, this is sometimes hard to do.

The first thing you should understand, when rendering your art for matrixing, is that the martial arts are taught by monkey see monkey do, which is the slowest and most inefficient method of instruction on the planet. The tricks of the martial arts, you see, are random strings of data, they don't have any relationship to one another, and it takes decades to memorize enough strings of data so that they can start to relate to each other and make sense. And we all know that decades of instruction won't cut it when the mugger is at your door.

So, you make lists of your basics, put them all in order, simplest to most difficult, then the data is like a stream. Of course, the fact that the data is all mixed up, big, old conglomerations of multiple different arts all smushed together, doesn't help. Obviously, we need a better solution.

What we need is a method for separating the data and putting in order according to art. If we can do that, then we can not only resolve our individual art, but start to mix and match all the arts, and still retain sense of what it is all about. Really, it's just a big software problem, which, unfortunately, hasn't been done before.

So, now you know what needs to be done if you wish to download data directly into your brain. And now you know the theory behind the Matrixing software that can download the martial arts, and a lot of other stuff besides, directly into your brain.

[Matrix Karate](#) has the core principles of all Matrixing.

Memorize this:

four,three,cat,fourteen,car,sixteen,one,apple,eye,9,z,43,hatband,six,43,'63
chevy,four,six,six,blank,google,24,35.

How long did it take you? How useful is it?

Okay, one, two, three, four, five...what is the next number?

Imagine a Martial Art that is that logical.
Imagine...**Matrixing**.



Unlock Your True Potential!

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Kang Duk Won
Kwon Bup*

Three complete arts:

48893 words 512 pages 1035 graphics.
Dozens of forms 100s of techniques.
One CD and three DVDs

Simply, this is a ton of material,
it will keep you busy for years!

And, it will make you into the best, strongest, most informed, quickest, most unbeatable, smartest, most charismatic, personable, kicker of bad asses that ever swaggered across the face of this planet!

I ain't kiddin'!

So nimble your fingers over to:
MonsterMartialArts.com and find:

Evolution of an Art!

The Story of Willy 'Two Knife' Altierri!

Recently, in the newsletter, I asked for a little help in research as to the story of Willy 'Two Knife' Altierri. Willy was a contemporary of Al Capone, and he had the nasty habit of sticking his knives in people, then snapping off the handles so the blades couldn't be removed...ain't that funny?

If you missed it, better subscribe to the newsletter.

At any rate, Master Instructor Shawn Nagano helped me get the facts straight.

But, I also received the following email from Rafael Kosche.

Al,

Not likely to be true. Most any knife, even the cheapest of the cheap, will not snap off like that. Try it for yourself. Get a cheap knife, wrap a rag around the blade (so you can get a good hold on it) and do your best to break it. You will find that you have to bend the metal back-and-forth repeatedly to get it to finally break.

However, if you prep a knife -- where the blade ends at the handle -- made to break off. Now that is a different story.

Rafael runs the Valley Martial Arts Supply on Lankershim in N. Hollywood. He specializes in swords and exotic weaponry.

So, was the story of Willy Two Knife an urban legend? Or did he prepare the handles of his knives so they would snap off?

Think about it, and if you're in Los Angeles drop by Valley Martial arts and say hi to Rafael.

**Valley Martial Arts Supply
5638 Lankershim Blvd.
N. Hollywood, California
91601**

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CAPTION CONTEST!

Man, this contest was incredible. Honorable mentions go to a truckload of people.

Alex Harrison~Jesus Christ!!!! He's teaching the kids karate

Matt Anderson~Fight with a love for your enemy.

Victor burns~from the heavenly matrix God created the martial arts

David Hayes~I don't know Cain, Able has a good defense. You'll probably need to use the jaw bone of an ass if you ever really wanted to hurt him

Also with some great captions were: Arnold Kelly, Peter Dwan, Howard Jai, Nicholas Phillips. Thanks to everybody.

The winner of the contest and the Ten Master Books is...(drumroll)...

Matthew Fountain!

If you have a pic that deserves a caption, send it to me. If you have a pic that gets used, I'll send you '[The Master Books](#).'

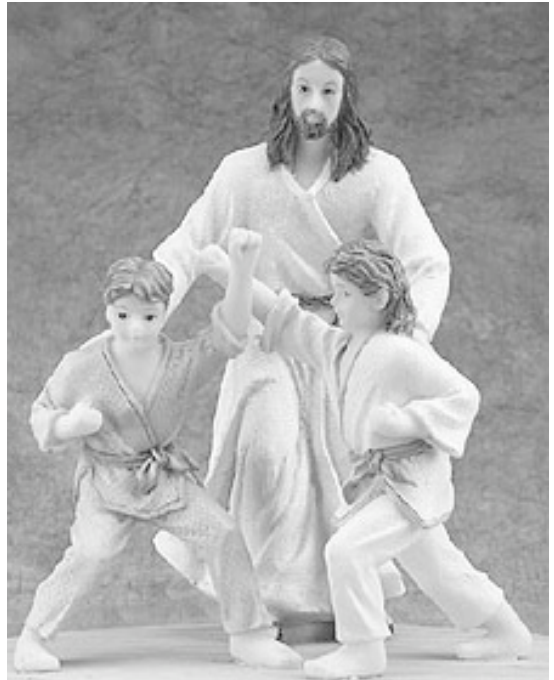
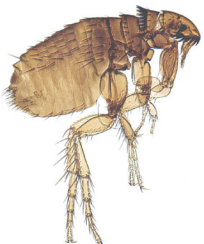
That's right, you can win the contest just by sending in an over the top pic that says something, but we're not sure what.

Send photos or entries to

aganzul@gmail.com

Send me a pic of your promotion!

Or of any significant step in your journey!



Even Jesus Christ knows that in all things we should be "as iron sharpens iron."

As soon as I saw this caption I knew Matthew was a serious contender. I did a quick search and came up with the complete quote...

**As iron sharpens iron,
so a friend sharpens a friend**

I think that really sums up the true spirit of the Martial Arts. Kudos to Matthew for knowing his scripture, and his Ten Master Books (on CD) will be in the mail.

**The first real Martial Arts novels
are available at:**

<http://altoncase.wordpress.com/>

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Monster Journal #3



MATRIX KARATE!

He was picked on in school!

The bullies thought he was easy meat.

But when they turned up the heat,
he was doing the cooking!

*Every high school has its
gang of bullies.
You know the kind, loud-
mouthed, swaggering,
picking on the smaller kids.*

They specialize in 'tease and torment' classes, and nobody, not even the teachers, are able to stop them.

Ernie was an easy going kid, got his homework done, had pretty good grades, and was liked by most everybody, which, of course, made him a target for Sam and Tom. But what really made him a target was when they were slapping Sally Rogers' books out of her hand and laughing.

Sally was in tears. She was a freshman, and had no idea how to protect herself against these two upperclass toughs.

"Go away," said Ernie, stepping between the two overgrown, brain-dead louts.

At first the two laughed at skinny, little Ernie.

"You're a dweeb," sneered Tom,

Then Sam, who was short and squat and the meaner of the two, swaggered up and went to push Ernie.

Big mistake.

The
Department of
Shameless
Advertising!

Ernie put up his hands and brushed Tom's arms outward, then he kicked him in the groin, and punch him in the nose with a left fist, and then buried his right fist in Tom's gut.

Tom went back and down. He wasn't hurt too bad in the groin, he didn't know that Ernie had pulled his kick, but he had tears coming out of his eyes, and he was having a hard time breathing.

"Get him," Tom gasped at Sam.

Sam, who had sort of a dopey face, put a grimace on his face and went forward.

Then he went back.

Ernie had kicked him in the shins, both of them, and then snapped a kick to within inches of his groin.

Sam wasn't quite so eager; this new kid was fast!

"I don't want any trouble," Sam held his palms outward, seeking peace.

"Tough luck, you little s___!"

Tom stood up, bounced a little, acting like he might actually know something, and moved to the right. He nodded to Sam to move the other way. Slowly, the two bullies circled Ernie, tried to set him up for a rush.

Sally, forgotten by the bullies, ran for a teacher.

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“You’re gonna learn, you little fart, who you been messing with,” muttered Sam.

“Yeah,” agreed Tom.

Finally, they thought they had him, and they rushed.

Now Ernie knew there was no holding back. He had to protect himself.

Sam tried a kick, and it felt like he had kicked a two by four. Then a buzzsaw began cutting through him. He couldn’t follow the lefts and the rights, and suddenly a foot tripped him. He was down and bleeding...and crying.

Tom was confused. He had been trying to get close to the new kid, and the new kid had just rushed at Sam, and now Tom was all alone.

Tom blinked and looked around. For so long, he and Sam had been cock of the walk, and now a couple of dozen kids were gaping, and a few were laughing.

“What’s going on!” Mr. Jergens’ voice was strong.

“No-nothing,” stumbled Tom, aware that he was no longer a force to be reckoned with.

“Sally just dropped her books and Sam tripped on them,” said Ernie.

Mr. Jergens’ gaze swept over the now silent crowd.

Tom was frightened, Sam--who was just a loud-mouthed bully--had apparently had his head handed to him.

And Ernie was picking up Sally’s books.

He didn’t know what had happened, but whatever it was, he was glad. “

You and you,” he pointed at Tom and Sam.

“Get to my office right now!”

He looked at Ernie.

“I’ll carry Sally’s books home for her,” Ernie said.

Mr. Jergens smiled as the two youngsters walked away.

You know that the scene just described is true. Bullies pick on younger kids all the time, and...Well, you know...IT’S NOT TOO LATE TO DO SOMETHING ABOUT IT



THE TRUTH ABOUT

MATRIX KARATE

Matrixing is the logical breakdown and analysis of the martial arts. With matrixing one can examine an entire art, one can see exactly what pieces are missing, what has been altered or corrupted, and, in short, correct that art.

The reason Karate is perfect for introducing Matrixing is that Karate is a short and simple art.

Many people think that Karate takes a lifetime.

There are over fifty forms to learn,

It takes decades to become a master, and so on and on and on.

The truth, however, is different.

The kind of Karate that Ernie knows is called Matrix Karate, and he learned it much the same way you’re going to learn it, off a simple course that we offer at Monster Martial Arts.

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You know that if you had known Karate in high school, especially the kind that Ernie knew, then life would have been a lot simpler.

One of the originators of Karate, a fellow by the name of Yatsusune Itosu, said that it only took three or four years to master Karate. That's right...master. And that means it only takes about a quarter of the time to become a black belt, and that's all!

So what has happened to Karate since it was originally created, to make it so large and top heavy and difficult to learn?

What has happened is that every teacher has introduced something new.

Every teacher has injected pieces of other arts, forms he has created himself, even entire arts!

On one hand, this is understandable. After all, we are talking about an art, and art is the fact of creation.

But instructors should not add to a system without letting the student know what has been added!

In the system I originally learned, Kang Duk Won (House of Espousing Virtue) Korean Karate, my instructor learned ten forms. But I had to learn twenty-one.

My instructor had added one Chinese form, seven forms he had created, two additional basics forms, and a two man set.

It took him two and a half years to become a black belt, it took me near seven.

So now comes the question: how do you separate the data?

If you've got five teachers between you and the source of the karate you were instructed in, how do you get rid of the extra data, the unnecessary data, the data that is unique to them, but merely extra work for you, and not necessary to mastering the art!

The answer is that you need to learn how to matrix.

Not only do you learn an entire system on this course, but you learn how to apply matrixing to that system, and that will enable you to apply matrixing to any other martial art in the world!

I am telling you right now, you will be able to go through entire systems, picking out moves and techniques, whole forms, and saying, 'This isn't right, that doesn't fit, uh oh, somebody went stupid on this one.'

Furthermore, you will have the ability to logically take apart whole arts...and fix them!

Do you understand what an authority that makes you?

The ability to look at an art and fix it?

Nobody has ever been able to do that before!

But, then, nobody has ever had matrixing before.

HERE IS WHAT YOU GET ON THIS COURSE!

A complete rundown on the essentials of a true art.

The Mechanics of Power.

Three perfectly aligned forms .

Perfectly aligned techniques from the forms.

A complete matrix of all karate techniques.

A completely matrixed technique (The Infinite Technique)

A bonus section on kicking.

So how much would you expect to pay for the information on this course: an entire art, and the ability to analyze and fix entire arts?

You get two CDs, a 180 page booklet, and the only perfect (fully matrixed) Karate in the world.

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COMPLETE WITH
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might have in life, is just about the most amazing
opportunity you could have!

Really, let's face it, to learn an entire art, and
to learn about an incredible new science that can
be used in every art, and even every study you

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100 pages, tons of illustrations, all dedicated to...The Punch!

Put out candles, break bricks, smash just about anything you
want! The Water Punch, the Sand Punch, the Empty Punch,
and more!

This is simply the most intelligent and comprehensive book
ever written concerning...The Punch! I mean...a 100 pages?
And just on...The Punch!

Written by a professional writer with forty years experience in
the martial arts! This is like a doctoral thesis! There is simply
such a glut of knowledge here that even the most advanced
practitioner is going to drop his jaw and smack his head!



Man, when you hit somebody,
they are going to stay hit! Period!

You can order on the internet!

Nobody on earth can stand up to...

The Punch!

MonsterMartialArts.com

THE PUNCH!

i'm going to vomiting....

(Said by a fellow who didn't take the course,
but who certainly had an opinion!)

WINS BY PEOPLE WHO TOOK THE COURSE!

Having studied aikido for longer than I care to admit, I watched this clip and actually ordered these DVDs...I have to say these clips DON'T do the DVDs justice...the fact that after just 80 minutes these guys could apply the concepts that were covered is true testament to the lesson. I cannot say that anyone walking out of their first aikido class could do what these guys are doing on the fly. Of course it doesn't LOOK like stylized aikido, but I have to compliment AI on his DVDs.

Hi AI,

I'm through with Aikido already and right now watching Pa Kua. I have to say this stuff is absolutely amazing! It's so easy to apply. You give us the basic concepts and all the techniques will be developed automatically! I will definitely order additional courses in the future. Keep up the good work!--Thanks, Soeren



Hey AI,

You're a man of your word, this is good stuff. These are concepts I can definitely use.

I have always enjoyed your writing. The Matrix Aikido DVD was incredible. You gave the whole art to the viewer in a simple manner--better than the high ranking dans have ever done.--D Wood

Sensei,

I must say I am completely dumbfounded! The amount of information is completely overwhelming! I am watching Matrix Aikido, and the quality of the information is completely beyond reproach, simply amazing. It's apparent that what goes on in those (classical) classes is NOTHING like what you teach. I'm sure that they focus on technique, such as do this, do this, do this, and then that

happens, whereas you focus on concept! No wonder you can teach people Aikido in 80 minutes! It's easy when you understand the concepts!--In Sincerest Gratitude, JRW

Studying under AI is the best way to learn the martial arts--period. The things I'm learning from him are just mind blowing, and it just flat out works. It's like I'm Neo, just downloading all the data into my mind in a pre-assimilated fashion, ready for use!--Mike W

In 80 minutes you will see hundreds of techniques evolved from simple concepts...**by people who didn't know Aikido!** In classical Aikido you spend decades crawling through branches looking for the trunk. With Matrixing I give you the trunk and let you find the branches...the question is, do you want to be 'going to vomiting...', not able to learn, stuck in your opinion....or **can you open your mind and discover a whole new way of learning?**

Matrix Aikido is available at:

MonsterMartialArts.com

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[Matrix Aikido](#)

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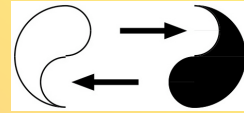
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Radical new training method!

MATRIX AIKIDO!



Four guys learned how to do Aikido in 80 minutes. Proof is in the seminar. 80 minute DVD with 50 page training manual (CD).

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Kang Duk Won

Kwon Bup

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that knowledge with Five Army Tai Chi Chuan. 90 minutes of applications

"I was really impressed with your training methods, which I've never seen before.

The course is a gold mine of info. There's so much material, not just about the form and applications, but also about energy generation and direction, and even shifting awareness slightly out of the body!"

Tony P.



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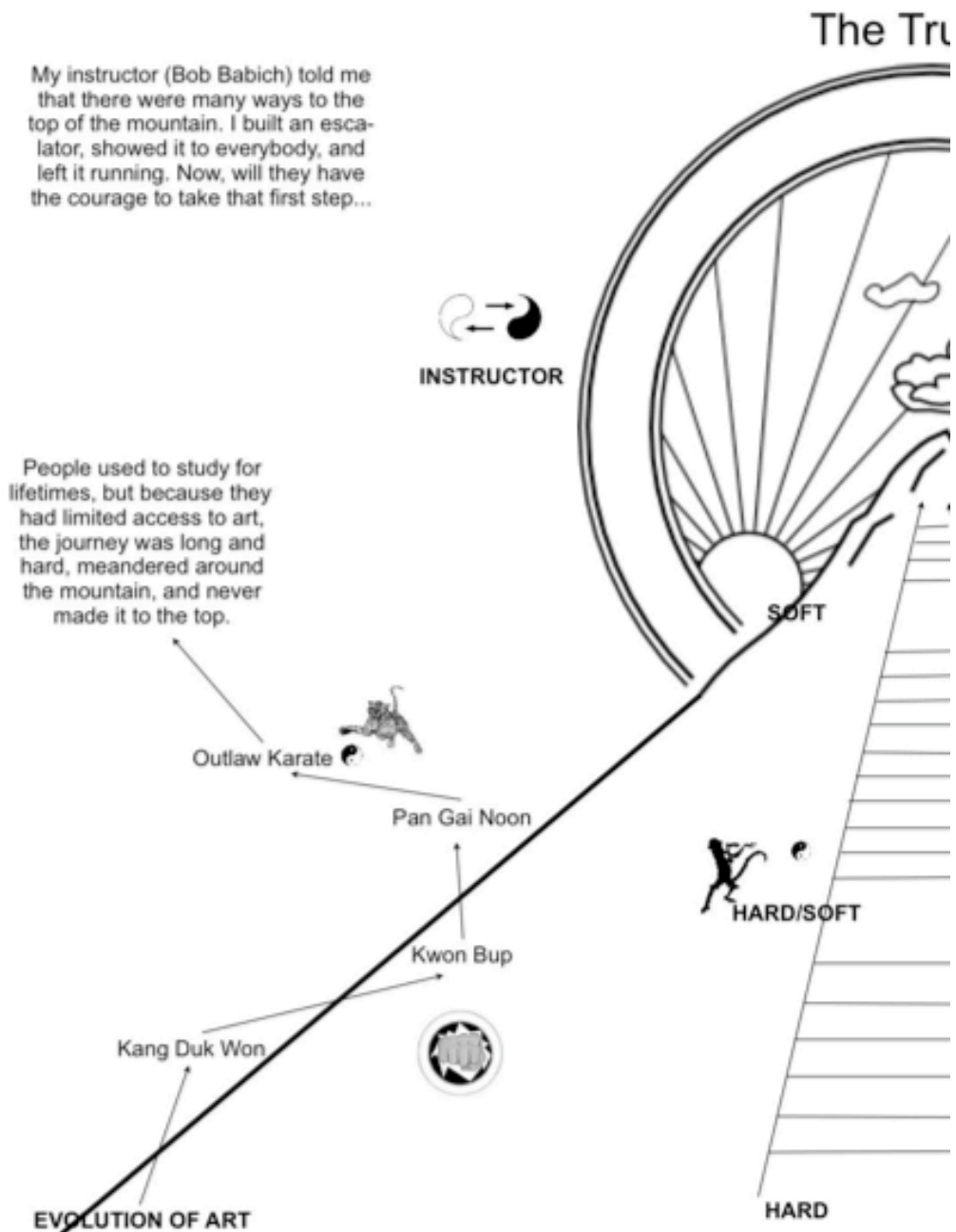
Is an image fuzzy? Too small?
Drag and drop to your computer,
open and resize. Yippee!

Matrix Martial Arts:
A Digital Dojo that works!
<http://alcasewordpress.com>

Monster Journal #3

If you have graphics which represent the martial arts, please submit.

My instructor (Bob Babich) told me that there were many ways to the top of the mountain. I built an escalator, showed it to everybody, and left it running. Now, will they have the courage to take that first step...



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The depth of your soul will enlighten your fellow man.

